



Courses and seminars

We arrange seasonal weekend courses and seminars, where the island provides us with the ingredients. Why not try a cooking course on the topic of wild herbs and plants, a seminar on kelp and seaweed, or learn more about the eider bird population in Northern Norway?

Practical info and pricing

Currently, we've scheduled one seminar for the 14th to the 15th of June 2020 called "The eider + gourmet". This is a weekend seminar with eider bird scientist Sveinn Are Hanssen and gourmet chef Johnny Trasti. It all begins at 10.30 (10:30am) on the old ferry pier in Repvåg. You can park your car for free along the fence of the large blue house with a red barn. From there, you'll be a passenger on our 600 horse powered, 35 feet RIB boat, and the ride to and from the island will last for about 15 minutes each. The boat has a passenger capacity of 12, and everyone will be equipped with regatta (floatation) suits and life vests.

This will be an exciting weekend full of different experiences. You'll spend the night in our 1950's cabins, learn lots of new things in Hanssen's seminar, eat an incredible 5-course dinner cooked to perfection by Trasti and spend your time here with other nice people. If you want to, you can go explore the island by yourself too.



Hanssen is employed by the Norwegian Institute for Nature Research. He's a seabird scientist and works at Grindøya and in the King's fjord at Svalbard.



Trasti runs Trasti & Trine. Always looking for the perfect meal, and known all over the country for his culinary skills.

This seminar will focus on the importance the eider bird has had to many coastal communities in Northern Norway throughout history. Unfortunately, their population has been declining for many years now. Hanssen will also touch on the subject of other seabirds, but the focal point is the eider.



We will serve lunch on Saturday, some sweet treats and coffee in the afternoon and then in the evening Trasti will cook a marvellous 5 course dinner for us all. Sunday morning, breakfast will be served in the old berry shed, before we get ready for departure at 12.00 (12pm).

Total price per person: 2.500NOK

This price includes all the meals mentioned above, the two RIB rafting rides, the seminar, accommodation and more.

There needs to be a minimum of signups for us to arrange all seminars and courses.